



अखिल भारतीय आयुर्विज्ञान संस्थान नागपुर  
**All India Institute of Medical Sciences, Nagpur**

मनोरोग विभाग **Department of Psychiatry**

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**Detailed Report on Mental Health Week Celebration 06-10<sup>th</sup> October 2023**

**Mind Mela -2023.**

**Day 1: 04<sup>th</sup> October 2023**

**Type of activity:** Skit, Awareness talk, discussion & poster gallery

**Venue:** Primary Health Centre, Bela, Tah. Umred, Dist. Nagpur

**Collaborators:**

1. Department of Psychiatry, AIIMS Nagpur
2. Tele MANAS Mentoring Unit, AIIMS Nagpur
3. Department of Community Medicine, AIIMS Nagpur
4. Primary Health Centre, Bela

The importance of early detection and treatment of psychiatric illness, as well as myths and facts regarding the same, were portrayed through a skit performed by team members of the Department of Psychiatry & Tele MANAS mentoring Unit. The audience was educated through the skit, interactive discussion and poster gallery about mental health and information about the National Tele Mental Health Programme of India (TeleMANAS)

Dr. Arijit Ghosh, Professor (Cardiology), AIIMS Nagpur, and Dr Sonali Wankhade, Medical Officer in charge, Bela PHC, were the guests of honour. Dr Suyog Vijay Jaiswal (Additional professor of Psychiatry and nodal officer, TeleMANAS Mentoring Unit, AIIMS Nagpur) & Dr Jaya Prasad Tripathi (Associate professor, Community Medicine, AIIMS Nagpur) addressed the public on mental health. Dr. Sayalee D. Daberao (Assistant professor, TeleMANAS Mentoring Unit, AIIMS Nagpur) and Ms Diksha Sadar (Psychiatric Social Worker, TeleMANAS Mentoring Unit, AIIMS Nagpur) conducted an interactive session with OPD patients and general visitors to PHC regarding psychoeducation. Dr. Jeel Vasa (Junior resident, Psychiatry), Dr Dhanashri Gohad (Senior resident, psychiatry) and Ms. Shally (Nursing officer) of AIIMS Nagpur presented a skit addressing myths and facts regarding psychiatric illness.



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