



अखिल भारतीय आयुर्विज्ञान संस्थान नागपुर
All India Institute of Medical Sciences, Nagpur

मनोरोग विभाग **Department of Psychiatry**

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Detailed Report on Mental Health Week Celebration 06-10th October 2023

Mind Mela -2023.

Day 3: 06th October 2023

Type of activity: IEC material release, photo booth, rangoli, advocacy, & awareness activities.

Venue: AIIMS Nagpur, OPD registration area

Collaborators:

1. Department of Psychiatry, AIIMS Nagpur
2. Tele MANAS Mentoring Unit, AIIMS Nagpur
3. Psychiatric Society Nagpur
4. Office of Medical Superintendent, Nagpur
5. Hospital Infection Control Committee, AIIMS Nagpur
6. College of Nursing, AIIMS Nagpur

The visitors to AIIMS Nagpur were greeted with a Rangoli advocating the cause of mental health. The Rangoli was made by Ms Jyoti Singh (Infection control nurse, AIIMS Nagpur) & the students of the College of Nursing, AIIMS Nagpur. Information about various mental illness were on display in the “मन की पाठशाला” the mental health information gallery. Seventeen standees sourced from Psychiatric Society Nagpur, were set up in the OPD registration area to raise awareness of mental illness and its treatment. The president of Psychiatric Society Nagpur Dr Nikhil Pande & secretary Dr Abhishek Mamarde took an overview of the gallery. The event also saw the official release of mental health information pamphlets in three languages (Hindi, Marathi, and English) as a mental health awareness-building initiative. Dr. Meena Mishra (Professor, Microbiology and I/c Hospital Infection Control Committee) and Dr Samir Dwidmuthé, (Professor, Orthopedics) were the guest of honour for the official release of the pamphlets. As part of the green initiative, to save paper, the QR code of the pamphlets was also released and people can access the mental health information pamphlets, anywhere, anytime, with a click of a button. A Photo Booth: The Frame of Mind” was also put up, with a QR code, to engage more public in this initiative. Various members of faculty, staff, students, and general public visited the gallery and learned about mental health. The program was coordinated by Dr Sonakshi Jyrwa (Associate professor, Psychiatry, AIIMS Nagpur).



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